



### ***About tulâh clinical wellness***

*Founded in Kerala, India, tulâh is a pioneering clinical healing sanctuary redefining the future of integrative healthcare. Opening in February 2026 in the hills of northern Kerala, tulâh brings together ancient Eastern wisdom, including Ayurveda, Yoga, Vedanta, Tibetan medicine and Traditional Chinese Medicine, with advanced diagnostics, regenerative medicine and modern clinical expertise. Set across 30 acres of medicinal gardens and rewilded forests, tulâh offers a fully immersive, nature-informed environment designed to support personalised, transformational healing journeys for body, mind and soul. Every programme is hyper-personalised through pre-arrival assessments and on-site diagnostics, interpreted via The tulâh Life Index™, guiding clinical pathways across prevention, optimisation, recovery, and chronic care. With comprehensive medical diagnostics, regenerative therapies, integrative movement and mind-body practices, and a multidisciplinary team bridging modern medicine and traditional healing systems, tulâh represents a first-of-its-kind destination for clinical wellness in India and globally. Conceived as a long-term legacy project, tulâh also anchors a broader evolving ecosystem that will expand into urban clinical hubs and at-home care programmes, shaping a new model for holistic, data-led wellbeing.*